



GOING DEEPER ACTIVITIES

CENTRALMISSIONS.ORG

Developing Meaningful Work opportunities....

...in your own home:



Practice the Buyerarchy of Needs (by Sarah Lazarovic)

When you are facing a new need or want in your home or family, use this hierarchy to decide how to fill that need. Ask yourself:

1. Can you use what you already have?
2. If not, can you borrow it?
3. If you need your own, can you trade goods or services with a friend or neighbor?
4. If not, look for used items to fill your needs. Check thrift stores, Facebook marketplace, yard sales, etc.
5. If you can't find what you are looking for used, can you or someone you know make it?
6. If you've exhausted all these options, try to buy from local or small business.

...in your community, neighborhood, corps

DISCUSS:

Host a discussion group (online or in person) on "developing meaningful work" or ethical consumerism.

Do this among friends, your small group, etc.

1. Consider the differences between boycotting companies/products that exploit workers or the environment vs. joining letter writing and legislative change campaigns. Is one more effective in making substantive changes?
2. What are some of the issues that bother you most: exploitation of labor, toxic ingredients, global pollution? What research and information have you found?
3. How can personal contentment affect our consumerism? (See Philippians 4:10-14)

4. Find additional resources to guide discussion on our website: centralmissions.org/GFBF. Bible studies, prayer cards, info on Salvation Army projects around the world that are developing meaningful work opportunities.

ACT:

Support local and small businesses –

Develop meaningful work opportunities for your own neighbors and community members.

1. When eating out, choose small, locally owned restaurants
2. When shopping for gifts, look through small shops in your neighborhood
3. Check your local hardware store before going to the big box store
4. If you are able to do so, hire someone to do your yardwork, snow removal, etc.

-for the world

Join us in looking at the “Journey of a Cinnamon Roll”, so we can see all the WORK that goes into this delicious treat we regularly enjoy. As we take this journey, we will see how we can care for, pray for and advocate for “meaningful work” opportunities around the world. We will even see how The Salvation Army is involved in the process.



The Salvation Army, in our Partner in Mission territory of Sri Lanka, has a working farmstead of over 100 acres where they grow cinnamon, rubber, pepper and a few other crops. This venture is in place to help raise funds for the financial sustainability of the local Salvation Army. The Kalutara Estate has an estate manager, a caretaker and a few day laborers who work the crops and harvest as needed. The cinnamon crop comes from about 900 trees on the estate.

Cinnamon, however, doesn't magically go from a tree on a farm, to a jar in your kitchen. There's a lot of work involved in between. Follow our “Journey of the Cinnamon Roll” and see all the workers it takes to make it happen.

Fun fact – *not too long ago, the staff house which was vacant at the time, was the home of a cobra! He has since been evicted and the newly christened “Snake House” was renovated with USA Central Territory World Services Self-Denial funds to be the Staff House for the farm workers.*



You might not often think of all the steps it takes to bring products into your home. Imagine all the meaningful work it has taken for that one jar of cinnamon to make it to your kitchen. Have you considered what the work conditions are for every worker involved in the process? Is everyone receiving a fair wage?

As you consider this, perhaps as you make your own cinnamon rolls, why not pray for the workers along each step of the process. Pray especially for the Kalutara Estate in Sri Lanka, that it would be successful in their fundraising efforts, that the Army would be able to offer meaningful work opportunities for many .

Here are a few cinnamon roll recipes. Or you can choose any favorite recipe you have that includes delicious cinnamon.

Cheater easy: (you don't even have to roll out the dough)
<https://www.kevinandamanda.com/easy-cinnamon-rolls/> -

Kind of easy:

<https://www.allrecipes.com/recipe/241917/quick-cinnamon-rolls/>

Break out the yeast:

<https://www.allrecipes.com/recipe/20742/soft-cinnamon-rolls/>



THE JOURNEY OF A CINNAMON ROLL



2. CINNAMON PROCESSING

Factory Workers - Machine operators to maintenance staff.

Cinnamon bark and leaves are sold to processing plants to peel and cut the bark, dry it, grind it, produce the oil, etc..



4. CINNAMON EXPORT

Sailors, shipping company workers.

Cinnamon products travel across the ocean to be imported to the US.

6. CINNAMON SHIPPING

Truck drivers, warehouse workers.

Suppliers ship the product to your local grocery store.



8. CINNAMON USED

You and your family members!

You buy the cinnamon to use in baking cinnamon rolls at home.

1. CINNAMON FARM ESTATE

Day laborers, caretakers, managers

Workers plant, cultivate and harvest the cinnamon tree bark.



3. CINNAMON WHOLESALE

Brokers, traders

Cinnamon is then sold to wholesale companies who export the products from four major producing countries: Sri Lanka, Indonesia, China and Vietnam.

5. CINNAMON PACKAGING

Factory workers

Cinnamon is labeled for brands and stores and prepared for shipping.



7. CINNAMON SELLING

Grocery store workers, cashiers

Grocery stores line their shelves with cinnamon powder and sticks.

